



# CORPORATE FUN DAYS



Eden Hall, Model Farm Road, Cork  
Tel: 021 4544550

[www.sportsvillagecork.com](http://www.sportsvillagecork.com)

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To book your corporate fun day call Darren on  
(086) 385 17 47 or email [sportsvillagecork@gmail.com](mailto:sportsvillagecork@gmail.com)

The Sports Village is a 40,000sq ft. indoor facility which includes Indoor Soccer Pitches, Indoor Tennis Courts, Dance & Fitness Studios, a fully supervised children's play centre, Outdoor Tennis Courts and Cafe Facility. The Sports Village will provide a comprehensive programme of activities for adults and children on your corporate fun day.

## Design your corporate fun day from the following activities:

### GENTS

- Mini Football Tournament
- Penalty King
- Kick Boxing
- Tennis
- Philipino Stick Fighting
- Team Building Competitions
- Cannonball Football
- Speed Serve
- Mini Tennis Tournament
- Bootcamp

### KIDS UNDER 10's

- Kids Hip Hop
- Arts & Crafts
- Princess & Pirate Dress Up
- Face painting
- Multi Sport Competition including Rounders, dodge ball & mini football tournament
- Free in play centre
- Toddler Corner with full supervision if parents require it when taking part in other activities
- Mini Chef

### LADIES

- Tennis
- Fitness, Diet & Nutrition Seminar including Boot Camp
- Pilates
- Yoga
- Adult Dance
- Team Building competitions
- Make up & Style Corner
- Mini league in Tennis or Soccer

### KIDS OVER 10's

- Martial Arts Demos
- Acrobatics Instruction
- Teenage Dance Class
- Tennis
- Soccer
- Tip Rugby
- Box to the beat
- Gladiators
- African Dance & Drumming
- Creative writing workshop

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